

Getting to the Trailhead

Take Lillooet Road north into the park to Lower Seymour Conservation Reserve (LSCR) parking lot on the left side across from the filtration plant (about 3 km from Capilano University). Sign is Lynn Canyon Park Parking Lot.

Trailhead

- Start at Suspension Bridge Trail at parking lot.

To Gazebo

- Head north on Suspension Bridge Trail towards gazebo.
- Take sidewalk by gazebo, go to parking lot. Follow new route that heads around the new Watershed Centre building in parking lot.
- Veer right onto Twin Bridges Trail.

Twin Bridges Trail

- Head down Twin Bridges Trail.
- Watch for RIGHT turn 1 km at Lillooet Trail sign.
- Follow this trail around the Filtration Plant pond (will be on your left).
- Cross small parking lot and turn left onto berm.
- Follow the berm south to marked LEFT turn to Richard Juryn Trail (Camp Brick Bypass).

REGROUP

Richard Juryn and Baden-Powell

- Head up to T-junction, turn RIGHT and head uphill on Richard Juryn.
- Keep right on Richard Juryn.
- At T-junction, turn LEFT onto Baden-Powell.
- Follow Baden-Powell down hill and cross Seymour River footbridge.

Fisherman's Trail

- At T-junction, turn LEFT onto Fisherman's Trail.
- Watch for Mystery Creek Trail on right.
- Turn RIGHT and head up hill.
- At top of climb, turn RIGHT onto Powerline.

REGROUP

Powerline/Hyannis Trail

- Follow Powerline and cross Mystery Creek bridge.
- Turn RIGHT IMMEDIATELY after crossing.
- You are now on Hyannis Trail.
- Take the first LEFT onto Bridle Path.

Bridle Path

- Follow Bridle Path to the junction with the kiosk (at Baden-Powell).
- Do not enter trails marked as No Entry.
- Take photo at kiosk.

REGROUP

Baden-Powell to Fisherman's

- Turn around on Bridle Path to the big rock.
- Cross big rock (not bridge) and keep straight onto Baden-Powell Trail.
- Follow Baden-Powell trail to Hyannis Drive.
- Cross Hyannis (watch for cars) and continue down Baden-Powell.
- At T-junction with Fisherman's Trail, turn LEFT.
- Turn RIGHT at next intersection, head over footbridge across Seymour River, head up hill.

Baden-Powell Trail

- Stay on Baden-Powell. Cross Lillooet Road.
- Continue on Baden-Powell staying straight at intersection with Diamond Trail.
- At signpost a few paces after Diamond turnoff, regroup.

REGROUP

- Turn RIGHT and head down to marsh.
- Stay right at Twin Falls.
- Stay right at Suspension Bridge, heading up hill towards gazebo.
- Watch for the right turn into the parking lot where you started.

13 km FINISHED – STRETCH

