

### **Getting to the Trailhead**

Take Lillooet Road North. Turn left on Inter River Park Drive (beside the Equestrian Centre). Park down by soccer field or on street. Do not park at Jaycee House or Equestrian Centre.

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### **Trailhead**

- Start at Jaycee House (1251 Lillooet Rd).

### **Jaycee to Diamond Trail**

- Head north on path on left side of Lillooet Road.
- Go straight through cemetery.
- Take trail above parking lot, keep left.
- At furthest lot, turn LEFT to get to Diamond Trail.

### **Diamond Trail**

- Follow Diamond gravel path (trail).
- Follow Diamond markers to come to T-junction at Baden-Powell Trail.

### **REGROUP**

### **Baden-Powell**

- Turn LEFT onto Baden-Powell toward post.
- Immediately, turn RIGHT and descend stairs to marsh.
- Follow Baden-Powell through marsh.
- Stay right at Twin Falls.
- Stay right at Suspension Bridge turnoff and head up hill.
- Stay on trail to Gazebo.

### **Lynn Headwaters Connector**

- Continue past Gazebo towards Rice Lake and onto Lynn Headwaters Connector.
- Stay on Lynn Headwaters Connector to the Lynn Headwaters bridge (on your left).
- Turn LEFT and cross bridge.

### **REGROUP**

### **Lynn Headwaters Park and Varley Trail**

- Run through first parking lot (watch for cars).
- Turn LEFT onto Varley Trail (at end of first parking lot, and kiosk).
- Follow Varley onto Marion Road.
- Turn LEFT over Pipeline Bridge.
- Proceed up the hill towards the Gazebo.

- Just before Gazebo, turn RIGHT onto Suspension Bridge Trail.

### **Suspension Bridge Trail**

- Stay on Suspension Bridge Trail and head down hill.
- Keep left at Suspension Bridge turnoff and continue along Baden-Powell Trail.

### **Baden-Powell Trail**

- Keep left at Twin Falls.
- Continue through marsh and up the stairs to the post at the T-junction.
- Turn LEFT.
- Take next RIGHT onto Diamond Trail.

### **Diamond to Jaycee House**

- Stay on Diamond Trail to the turnoff on the **RIGHT** (before yellow gate and Lillooet Road).
- Follow trail through small parking lot.
- Keep RIGHT on trail above parking lots.
- Go through cemetery and follow to Lillooet Road.
- Stay on gravel path to Jaycee House.

## **12 km FINISHED – STRETCH**

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