

Rerouted due to landslide on Fisherman's



10 km from LSCR Twin Bridges, Rice Lake, Varley

Getting to the Trailhead

Take Lillooet Road north into the park to Lower Seymour Conservation Reserve (LSCR) parking lot on the left side across from the filtration plant (about 3 km from Capilano University). Sign is Lynn Canyon Park Parking Lot.

Trailhead

- Start at Suspension Bridge Trail at parking lot.

Suspension Bridge Trail to Lillooet Road

- Head left a few paces on Suspension Bridge Trail and take the first left to get to Lillooet Road.

Filtration Pond and Lillooet Trail

- Cross Lillooet Road, through parking lot and head around the filtration pond (keep pond on your right).
- Stay on trail to the bottom of the pond and it makes an S curve, veers right and comes to the Twin Bridges Trail (sign indicates 1 km, Lillooet Trail).

REGROUP

Twin Bridges Trail

- Turn RIGHT and head down Twin Bridges Trail.

Fisherman's

- Turn left onto Fisherman's.

Homestead

- Turn LEFT onto Homestead.
- At top go by washrooms and head to Gazebo.

REGROUP

Rice Lake

- Take first RIGHT onto Rice Creek Loop Trail and follow trail along lake (lake will be on your left).
- Watch for signpost to Lynn Valley Connector. Keep RIGHT towards the connector.

Lynn Valley Connector

- Turn RIGHT onto Lynn Valley Connector.
- Continue to bridge at Lynn Headwaters.
- Turn LEFT and cross bridge.

REGROUP

Varley Trail

- Run through first parking lot (watch for cars).
- Turn LEFT onto Varley Trail (at kiosk).
- Follow Varley onto Marion Road.
- Turn LEFT over Pipeline Bridge.

To Suspension Bridge Trail

- Keep straight after crossing bridge.
- Head up the hill back to turnoff to Suspension Bridge Trail.
- Follow trail back to the parking lot where you started.

10 km FINISHED – STRETCH

