

8 km from Lynn Canyon 30 Foot Pool, Richard Juryn, Diamond

Getting to the Trailhead

Take Lynn Valley Road exit from Upper Levels Hwy. Follow Lynn Valley Road north and turn right on Peters Road into park. Park in parking lot **at bottom**. (No pay parking in winter.)

Trailhead

Suspension Bridge sign across from restaurant.

Suspension Bridge

- Walk across the Suspension Bridge, veer LEFT.
- Descend stairs.

30 Foot Pool

 At T-junction turn RIGHT towards 30 Foot Pool.

REGROUP

- At pool, climb stairs.
- Keep left until you come to T-junction at wide gravel trail (by Pipeline Bridge).
- Turn RIGHT and head uphill to the Gazebo.

Suspension Bridge Trail to Lillooet Road Crossing

- Turn right onto Suspension Bridge Trail.
- Just before the trail veers downhill to the right, turn LEFT onto connector to Lillooet Road.
- Cross Lillooet Road.

REGROUP

Berm

- Turn RIGHT onto berm (trail that follows the road).
- Watch for LEFT turn toward Richard Juryn Trail (look for Camp Brick Bypass sign).

Richard Juryn

Head up trail to T-junction (post).

REGROUP

- Turn LEFT and cross big rock. Descend.
- At T-junction, turn RIGHT to stay on Richard Juryn East side.
- Follow Richard Juryn Trail.
- Cross Baden-Powell and keep straight.
- You arrive at the berm at Lillooet Road.

Berm to Diamond

- Turn LEFT onto berm.
- Follow berm to crossing at the Park gate.
- Cross Lillooet Road onto Diamond Trail.

REGROUP

 Follow Diamond trail to T-junction at Baden-Powell Trail.

Baden-Powell

- Turn LEFT onto BP only as far as post.
- Turn RIGHT down the stairs.
- Follow boardwalk through marsh.

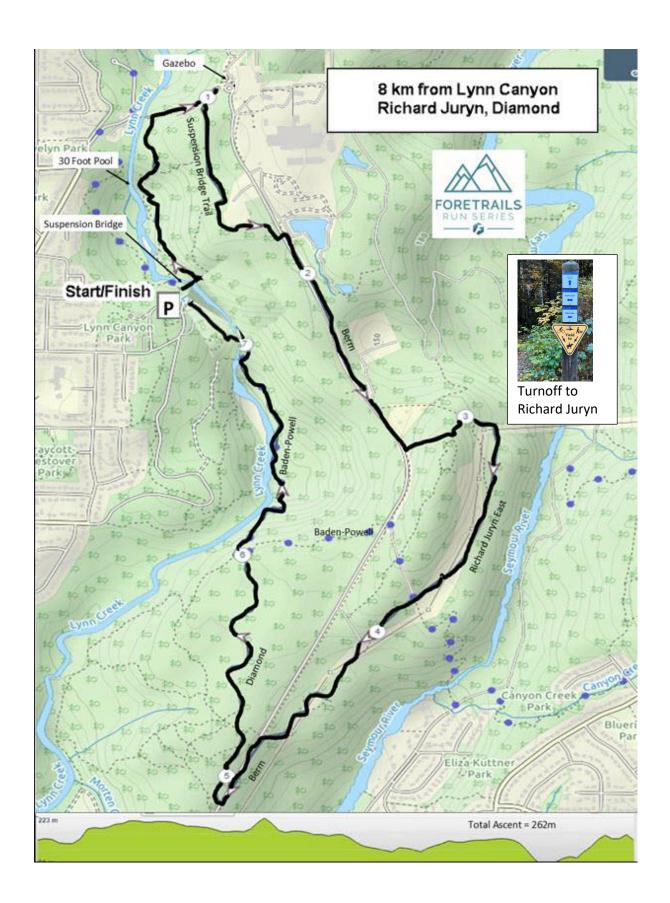
Twin Falls Bridge

- Turn LEFT and cross Twin Falls Bridge.
- Keep right and you end up at the lower parking lot.

STRETCH

Rev: December 30, 2023

Streams: It's possible to cross a stream while barely wetting your feet. All you have to do is high-step across as quickly as possible, allowing your feet to touch down only for a fraction of a second. Try it. And don't be afraid to run right through a stream. Too many competitors lose time by halting at the edge of a stream midrace.



Rev: December 30, 2023