

Getting to the Trailhead

Take Lillooet Road north into the park to Lower Seymour Conservation Reserve (LSCR) parking lot on the **left side** across from the filtration plant (about 3 km from Capilano Univ.). Sign is Lynn Canyon Park Parking Lot.

Trailhead

- Suspension Bridge Trail from parking lot.

Lillooet Road Crossing

- Turn LEFT onto connector to Lillooet Road.
- Cross Lillooet Road.

Berm

- Turn RIGHT onto berm (trail that follows the road).
- Watch for LEFT turn onto Richard Juryn Trail (sign is Camp Brick Bypass).

REGROUP

Richard Juryn

- Head up trail to T-junction (post).
- Turn LEFT and cross big rock. Descend.
- At T-junction, turn RIGHT to stay on Richard Juryn East side.
- Follow Richard Juryn Trail.
- Cross Baden-Powell and keep straight.
- You arrive at the berm at Lillooet Road.

REGROUP

Berm to Diamond

- Turn LEFT onto berm.
- Follow berm to crossing at the Park gate.
- Cross Lillooet Road onto Diamond Trail.

REGROUP

- Follow Diamond Trail to T-junction at Baden-Powell Trail.

Baden-Powell

- Turn LEFT onto BP only as far as post.
- Turn RIGHT down the stairs.
- Follow boardwalk through marsh.

Twin Falls

- Cross Twin Falls Bridge.
- Keep right and you reach the lower parking lot for Suspension Bridge.
- Head down the stairs toward the bridge but **TURN LEFT** before the bridge.
- Follow this trail to Lynn Valley Road near End of the Line Café.
- Head north to Rice Lake Road.
- Turn down Rice Lake Road.

Pipeline Bridge

- Cross the bridge.
- Head up the trail toward the Gazebo.

Suspension Bridge

- Just before Gazebo, turn right onto Suspension Bridge Trail.
- Follow trail back to parking lot, turn LEFT.

STRETCH

