

## Relay Leg 5 Heather 38 km/23 miles

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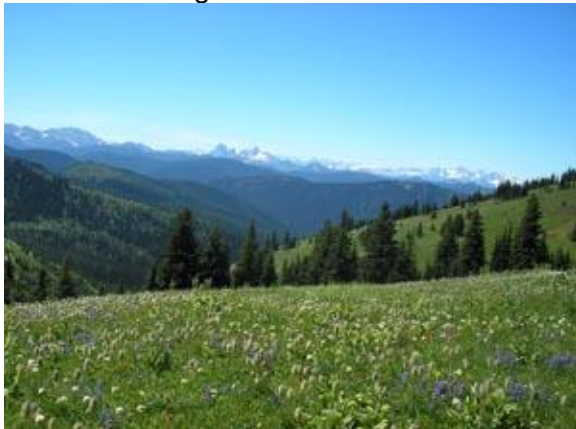
Heather Trail starts at Blackwall Peak. Where Heather meets Bonnevier, it is open and single track. Heather Trail is a feast of wildflowers, amazing 360 degree views, meadows, steep descent on rocky ridge to Nicomen Lake. Long downhill switchbacks are on Grainger Creek Trail and Hope Pass Trail.

### Heather Trail

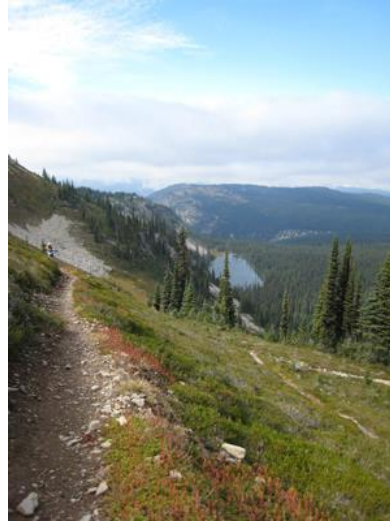
- Follow Heather Trail from Blackwall Peak parking lot.



- At intersection of Heather and Bonnevier (Bonnevier is on your right.) Head west (straight) along Heather toward mountains.
- Outstanding views.

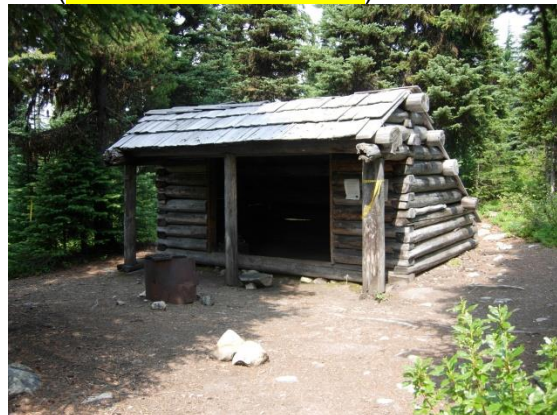


- Reach post for First Brother, go straight to stay on Heather Trail.
- Come to intersection of Kicking Horse Camp. Post indicates 9 km to Nicomen Lake. Continue toward Nicomen Lake.
- Rocky switchback descends toward Nicomen Lake.
- View of the lake.



### Nicomen Lake

- Reach Nicomen Lake Camp (post indicates lake 1 km to your right). Go right. (→)
- Reach campsite/hut at Nicomen Lake (aid station is at this hut).



- Reach intersection of Nicomen Lake Trail and Grainger Creek Trail.

### Grainger Creek Trail

- Head left/west to Grainger Creek Trail. (↶)
- Grainger Creek Trail descends for about 8 km. The creek is on your right.
- Cross bridge and come to big arrow that points to left and uphill.

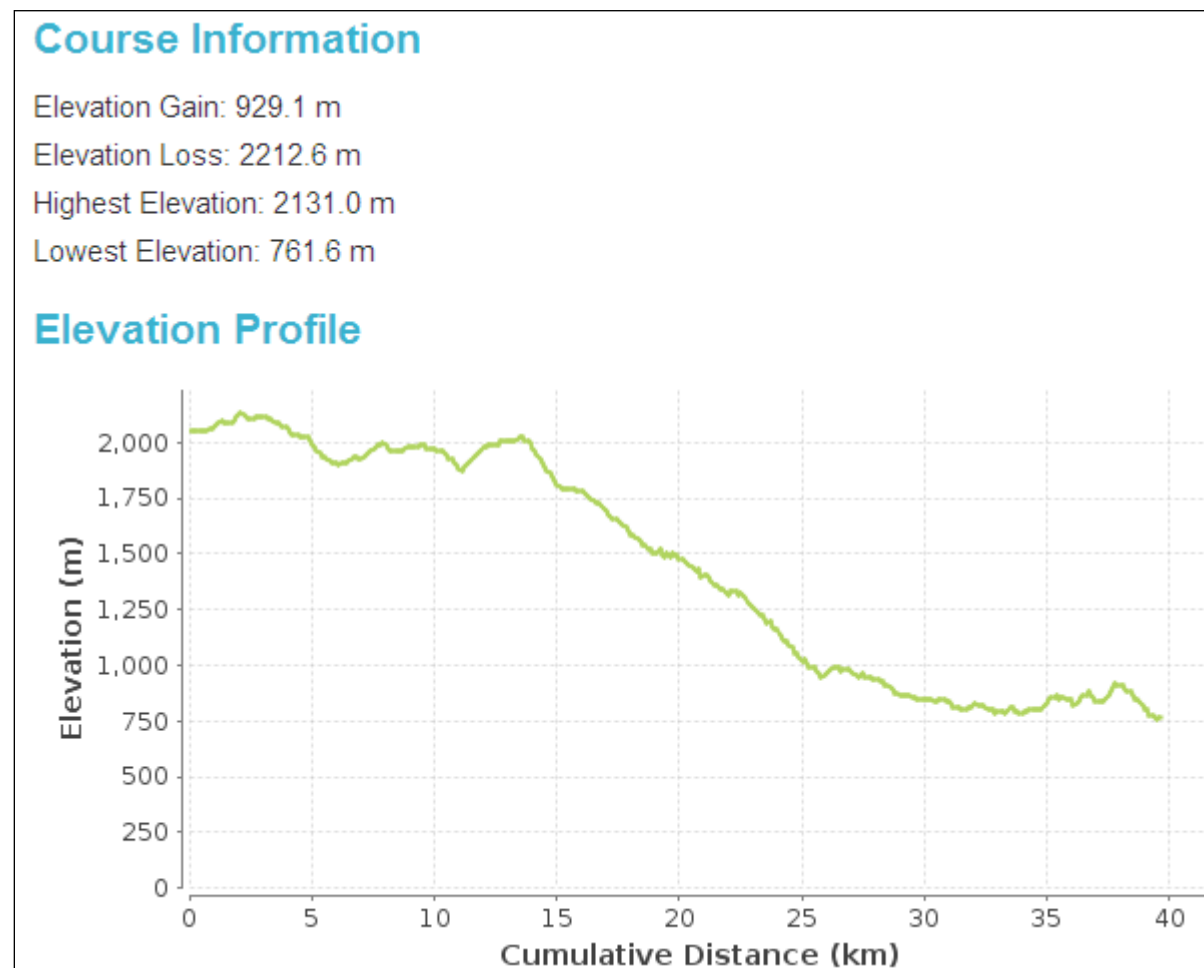
- Reach Hope Pass Trail at a T-junction (map there). Turn left down river.

### Hope Pass Trail

- Head south on Hope Pass Trail.
- Continue descent for about 6 km.
- At road fork, keep right to go uphill. (📍)
- Cross Skaist River on big logs.

### Cayuse Flats (Aid Station)

- Cayuse Flats aid station will be here.  
Relay exchange.



TrailHunger link to [Relay Leg 5](#).