

Leg 5 Skagit 35 km/22 miles

Skagit Valley: Cascade Parking Lot to Skyline Aid Station

This leg starts along Dewdney Trail for a short ways to divert to the highway then heads south along Hwy 3 to Sumallo Grove. The leg then follows Skagit River Trail beside the picturesque Skagit River to out and back at Shawatum Aid Station and out and back at Skyline Aid Station. Easy terrain. Undulating and flat. (Note: 50 mile racers have out-and-back on Dewdney Trail.)

Cascade Aid Station

- Relay exchange is at Cascade parking lot at Hwy 3.

Dewdney Trail

- Find sign for Dewdney Trail (and Whatcom Trail) near outhouses.
- Cross bridge.
- Immediately find LEFT turn. (↩)
- Keep RIGHT and you reach Hwy 3.

Hwy 3

- Come out to the Hwy. You will be crossing where there is good line of sight for traffic. This is a requirement of the PERMIT and MUST be followed.

NOTE: vehicles are fast through here so you must cross at the designated place.

- **Where indicated**, cross the Hwy to the **shoulder** on the opposite side. (↩)
- Turn right and head **south** side on Hwy 3 **on shoulder**.
- Go about 3 km **along shoulder**.

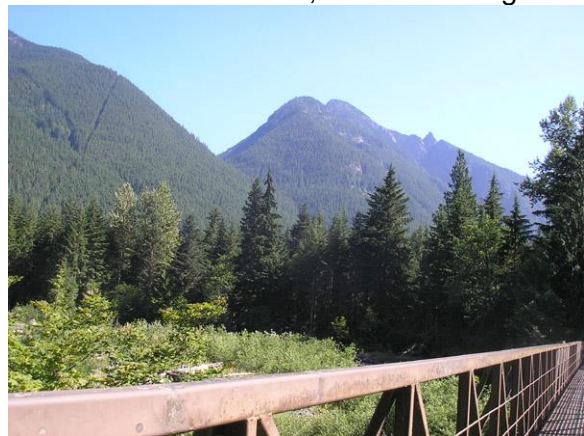
Sumallo Grove (Aid Station)

- Turn left to get into Sumallo Grove Day Use Area. (↩)
- **Aid station** here.



Skagit River Trail

- After the aid station, cross the bridge.



- Follow the trail beside the river (river is on your right).
- Pass by Silverdaisy signpost.
- Come to sign for Delacy Camp 4 km.



- 4 km later, at Delacy Camp, keep right (never far from river).
- Go downhill, do not go left, keep straight 5-10 feet (↩) until sign on right hand side.
- Then go left (↩) and up immediately after passing through the small

campground (picnic table and bear cache may be visible to left).

- Trail follows river.
- You reach intersection of Centennial and Skagit River Trail.



Skagit meets Centennial

- Follow Centennial Trail. (📍)



Centennial Trail

- When you reach this BC Parks sign below, turn **RIGHT** to get to **Shawatum Aid strn** at Silver Skagit Road. This is an out and back (🔄). Relay exchange.



- Return to BC Parks sign and this time follow Skyline II Trail.

Skyline II Trail



- When you reach this junction (photo above) turn **right** to get to Skyline aid station out and back. (🔄)
- **Aid station** Skyline II is located at Silver Skagit Road. Relay exchange.

Course Information

The following is not currently shown: a ~3km out and back to the aid station

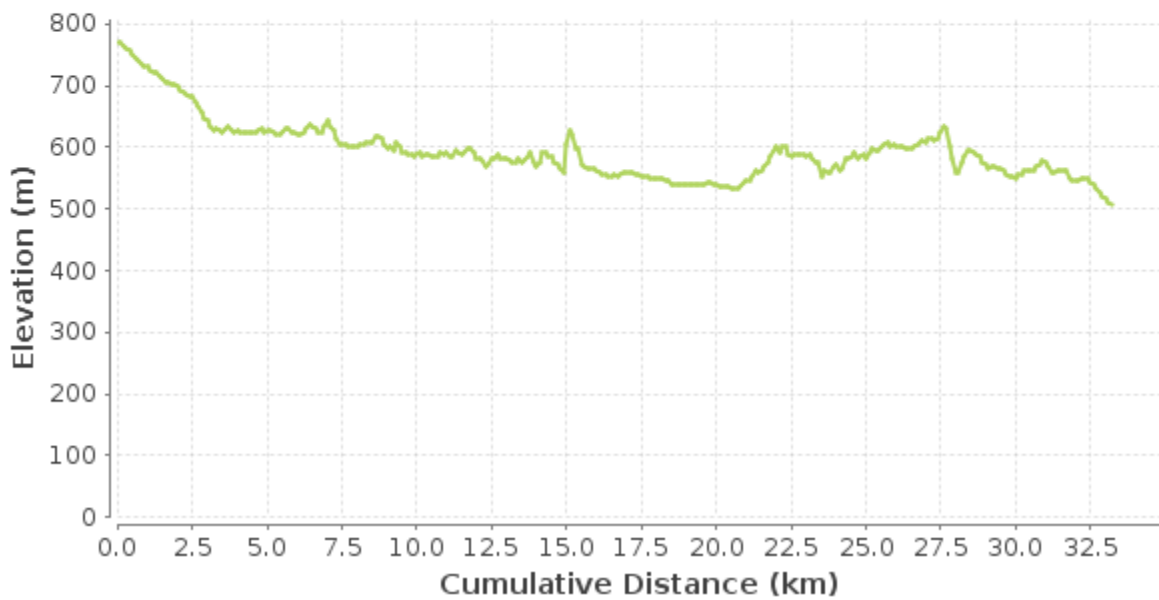
Elevation Gain: 599.9 m

Elevation Loss: 861.4 m

Highest Elevation: 769.4 m

Lowest Elevation: 507.2 m

Elevation Profile



TrailHunger link to [Leg 5](#).

Typical Time Range

Skagit

120 mile: 5:45-8:30 hours

Other events: 4:55-8:15