



AID STATIONS AND DROP BAG LOCATIONS

Aid station locations are listed below. A major aid station is fully equipped; a minor aid station is lightly equipped due to location (no road access).

120 Mile and Relay Notes

#	Station	100 mile Distance run	Cutoff	Location and Notes	Major or Minor	Drop Bag
#1	Cathedral	14 km		Lakeview meets Centennial. Near top of climb. No parking.	Minor	No
#2	Ashnola River Road	31 km	10 am Sat	Ashnola River Road after Wall Creek Bridge. Parking.	MAJOR	YES
#3	Trapper (new)	38 km		Centennial Trail crosses service road, before Trapper Lake. Parking.	MAJOR	No
#4	Calcite	59 km		Calcite FSR.	MAJOR	YES
#5	Pasayten River (new)	66 km		West side after river crossing. Private road. No parking.	MAJOR	YES
#6	Bonnevier	69 km	4 pm Sat	Eastgate Road at Hwy 3. Parking. <i>Show headlamp mandatory.</i>	MAJOR	YES
#7	Heather	88 km	8:30 pm Sat	Bonnevier at Heather. <i>Pacer for 100 mile joins racer here.</i>	Minor	No
#8	Nicomen Lake (new)	102 km		Aid stn or water drop at Nicomen Lake hut. Hiking only access.	Minor	No
#9	Cayuse Flats	120 km		Hope Pass at Hwy 3. Parking.	MAJOR	No
#10	Cascades	128 km	5 am Sun	Cascades sign at Hwy 3. Parking.	MAJOR	YES
#11	Sumallo	131 km	5:30 am Sun	Sumallo Grove at Hwy 3. Parking.	Minor	YES
WD	26 Mile Bridge			Water drop where Skagit meets Centennial	-----	No
#12	Shawatam			Aid stn is at Silver Skagit Road. Out to aid stn and back to trail. Parking.	MAJOR	YES
#13	Skyline	164 km	11 am Sun	Aid stn is at Silver Skagit Road at base of Skyline II.	MAJOR	YES
#14	Camp Mowich			Proposed aid stn at Camp Mowich. Horse trail.	-----	No
WD	Home stretch			Water drop on Skyline [location TBD].	-----	No
	finish		10 pm Sun			

See next page for 115 km and 50 mile...



115 km Notes

#	Station	100 km Distance run	Cutoff	Location and Notes	Major or Minor	Drop Bag
#7	Heather	6 km		Bonnevier at Heather.	Minor	No
#8	Nicomen Lake (new)	20 km		Aid stn or water drop at Nicomen Lake hut. Hiking only access.	Minor	No
#9	Cayuse Flats	38 km		Hope Pass at Hwy 3. Parking.	MAJOR	No
#10	Cascades	46 km	10 pm Sat	Cascades sign at Hwy 3. Parking. <i>Pacer for 100 km can start here.</i>	MAJOR	YES
#11	Sumallo	49 km	10:30 pm Sat	Sumallo Grove at Hwy 3. Parking.	Minor	YES
WD	26 Mile Bridge			Water drop where Skagit meets Centennial	-----	No
#12	Shawatam			Aid stn is at Silver Skagit Road. Out to aid stn and back to trail. Parking.	MAJOR	YES
#13	Skyline	164 km	11 am Sun	Aid stn is at Silver Skagit Road at base of Skyline II.	MAJOR	YES
#14	Camp Mowich			Proposed aid stn at Camp Mowich. Horse trail.	-----	No
WD	Home stretch			Water drop on Skyline [location TBD].	-----	No
	finish		4 pm Sun			

50 Mile Notes

#	Station	50 mile Distance run	Cutoff	Location and Notes	Major or Minor	Drop Bag
#10	Cascades	8 & 12 km		Cascades sign at Hwy 3. Parking.	MAJOR	YES
#11	Sumallo	15 km		Sumallo Grove at Hwy 3. Parking.	Minor	YES
WD	26 Mile Bridge			Water drop where Skagit meets Centennial	-----	No
#12	Shawatam			Aid stn is at Silver Skagit Road. Out to aid stn and back to trail. Parking.	MAJOR	YES
#13	Skyline	164 km	11 am Sun	Aid stn is at Silver Skagit Road at base of Skyline II.	MAJOR	YES
#14	Camp Mowich			Proposed aid stn at Camp Mowich. Horse trail.	-----	No
WD	Home stretch			Water drop on Skyline [location TBD].	-----	No
	finish	81 km	2 pm Sun			