



AID STATIONS AND DROP BAGS

Aid station locations are listed below. A major aid station is fully equipped; a minor aid station is lightly equipped due to location (no road access).

100 Mile Notes

#	Station	100 mile Distance run	Cutoff	Location and Notes	Major or Minor	Drop Bag
#1	Cathedral	12 km		Lakeview meets Centennial.	MAJOR	No
#2	Trapper	27 km		Ashnola River Road after Wall Creek Bridge.	MAJOR	YES
#3	Calcite	40 km		Calcite FSR. No crew access. <i>River crossing between this aid station and Bonnevier.</i>	Minor	No
#4	Bonnevier	54 km		Eastgate Road at Hwy 3. <i>Show headlamp mandatory.</i>	MAJOR	YES
#5	Heather	70 km		Bonnevier at Heather. <i>Pacer for 100 mile joins racer here.</i>	Minor	No
#6	Cayuse Flats	100 km		Hope Pass at Hwy 3.	MAJOR	No
#7	Cascade	106		Cascade sign at Hwy 3.	MAJOR	YES
#8	Sumallo	109	8 am	Sumallo Grove at Hwy 3.	MAJOR	No
#9	26 Mile Bridge	121		Aid stn is 1.5 km from Silver Skagit Road.	MAJOR	YES
#10	Skyline	136		Aid stn is 0.7 km from Silver Skagit Road at base of Skyline II.	MAJOR	No

100 km Notes

#	Station	100 km Distance run	Cutoff	Location and Notes	Major or Minor	Drop Bag
#5	Heather	10 km		Bonnevier at Heather.	Minor	No
#6	Cayuse Flats	40 km		Hope Pass at Hwy 3.	MAJOR	No
#7	Cascade	46 km		Cascade sign at Hwy 3.	MAJOR	YES
#8	Sumallo	49 km	8 am	Sumallo Grove at Hwy 3. <i>Pacer for 100 km joins racer here.</i>	MAJOR	No
#9	26 Mile Bridge	61 km		Aid stn is 1.5 km from Silver Skagit Road.	MAJOR	YES
#10	Skyline	74 km		Aid stn is 0.7 km from Silver Skagit Road at base of Skyline II.	MAJOR	No

Additional Water Drops (4)

Water will also be available at 4 water drop locations: Leg 2 near Pasayten River crossing, Leg 4 at Nicomen Lake Camp, Leg 5 at Shawatum day use area, Leg 6 between Skyline and Finish.