

## Dirty Duo 15 km Loop

### Getting There

Take Lillooet Road north, park near 1251 Lillooet Road. (Watch for Inter River Park Drive on left. Can park down by soccer field but meet at Jaycee House.)

### Trailhead

- Start at Jaycee House.

### Diamond Trail

- Along Lillooet Rd on gravel path on left.
- Straight through gate onto cemetery road. Take bark mulch trail.
- Just after yellow LSCR gate, turn left.
- Then **second** left onto trail marked with diamonds.
- Follow diamond markers to junction at Baden-Powell.
- Turn left a few paces to find **post**.
- Turn right onto Baden-Powell.

### Baden-Powell and Suspension Bridge Trails

- Go right down steep switchback.
- Through marsh on Baden-Powell, go past Twin Falls turnoff and Suspension Bridge turnoff.
- Up rise, stay on main trail to arrive at LSCR gazebo.
- Take sidewalk by gazebo, go through parking lot. Go through chute by construction.

### Twin Bridges

- Turn right, and head down Twin Bridges Trail.

### Fisherman's

- Turn left on Fisherman's.

### Homestead

- Go to Homestead gate. Turn left up Homestead.
- At top, go through parking lot; find path to left of gazebo.

### Suspension Bridge Trail (return route)

- Find trailhead for Suspension Bridge on your left.
- Take **second** turnoff to right, head down hill.
- At the turnoff to the Suspension Bridge, keep **straight** onto Baden-Powell. Continue on B-P toward Twin Falls (do not cross bridge).
- Follow boardwalk that runs through marsh. Power hike to **post** at the top of the climb. (Marker 0.5 km to Lillooet Road.)
- Turn **LEFT at post**.
- **Watch for first turnoff to RIGHT.**

### Diamond Trail

- Look in trail to find diamond marker. Follow this trail.
- At T-junction near road, turn right.
- At Lillooet Road, turn right, go through cemetery.
- Take path back to Jaycee House.

*Stretch!!!!*

**Refuel every 45 min with your water:** gels, bars, Fig Newtons, potatoes, Accelerade, CarboPro, Fruit Source, Sharkies (really important). Carbs: 0.5 g per pound body weight per hour.

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