

Dirty Duo 15 km Loop

Getting There

Take Lillooet Road north, park near 1251 Lillooet Road. (Watch for Inter River Park Drive on left. Can park down by soccer field but meet at Jaycee House.)

Trailhead

- Start at Jaycee House.

Diamond Trail

- Along Lillooet Rd on gravel path on left.
- Straight through gate onto cemetery road. Take bark mulch trail.
- Just after yellow LSCR gate, turn left.
- Then **second** left onto trail marked with diamonds.
- Follow diamond markers to junction at Baden-Powell.
- Turn left a few paces to find **post**.
- Turn right onto Baden-Powell.

Baden-Powell and Suspension Bridge Trails

- Go right down steep switchback.
- Through marsh on Baden-Powell, go past Twin Falls turnoff and Suspension Bridge turnoff.
- Up rise, stay on main trail to arrive at LSCR gazebo.
- Take sidewalk by gazebo, go through parking lot. Go through chute by construction.

Twin Bridges

- Turn right, and head down Twin Bridges Trail.

Fisherman's

- Turn left on Fisherman's.

Homestead

- Go to Homestead gate. Turn left up Homestead.
- At top, go through parking lot; find path to left of gazebo.

Suspension Bridge Trail (return route)

- Find trailhead for Suspension Bridge on your left.
- Take **second** turnoff to right, head down hill.
- At the turnoff to the Suspension Bridge, keep **straight** onto Baden-Powell. Continue on B-P toward Twin Falls (do not cross bridge).
- Follow boardwalk that runs through marsh. Power hike to **post** at the top of the climb. (Marker 0.5 km to Lillooet Road.)
- Turn **LEFT at post**.
- **Watch for first turnoff to RIGHT.**

Diamond Trail

- Look in trail to find diamond marker. Follow this trail.
- At T-junction near road, turn right.
- At Lillooet Road, turn right, go through cemetery.
- Take path back to Jaycee House.

Stretch!!!!

Refuel every 45 min with your water: gels, bars, Fig Newtons, potatoes, Accelerade, CarboPro, Fruit Source, Sharkies (really important). Carbs: 0.5 g per pound body weight per hour.

Sponsors

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